



PREVENTATIVE CARE AND SCREENING BENEFITS

DISCOVER THE
BRILLIANCE
OF **GEMS**



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INTRODUCTION

The GEMS Preventative and Screening Guide has been developed to empower members and healthcare providers with essential information on maintaining health and preventing illness. Preventative care and regular screenings are key to early detection of health risks, reducing complications and improving overall well-being.

This guide outlines the benefits available under GEMS, recommended screening intervals and practical steps to support healthy living. By following these guidelines, members can take proactive measures to safeguard their health, while providers can ensure compliance and deliver quality care.

Our goal is to promote a culture of prevention, reduce long-term healthcare costs and enhance the quality of life for all GEMS members.

Objectives

- **Promote Early Detection:** Encourage regular screenings to identify health issues before they become severe.
- **Prevent Illness:** Provide guidance on lifestyle choices, vaccinations and routine check-ups to reduce disease risk.
- **Educate Members and Providers:** Ensure both parties understand available benefits and recommended screening practices.
- **Improve Health Outcomes:** Support proactive care to reduce complications and improve quality of life.
- **Ensure Benefit Utilisation:** Clarify covered services to avoid confusion and maximise Scheme benefits

Benefits

- **Reduced Risk of Chronic Conditions:** Early intervention helps prevent long-term health problems.
- **Lower Healthcare Costs:** Preventative care reduces the need for expensive treatments later.
- **Better Member Experience:** Clear guidelines improve confidence and engagement in health management.
- **Enhanced Provider Support:** Streamlined processes for compliance and care delivery.



SCREENING SERVICES FOR WOMEN





SCREENING SERVICES FOR WOMEN

Procedure	Tariff Codes	Tariff description	Eligible beneficiaries and Frequency	Healthcare Providers allowed
Cholesterol Screening	4027	Blood Cholesterol (finger prick)	Once per Benefit year for all beneficiaries who are 20 years and older	General Medical Practice, Specialist Family Medicine
	0013	Blood Cholesterol and/or triglycerides		Pharmacy
	99384	Cholesterol Screening		Registered Nurses
Blood Pressure Monitoring	0015	Blood Pressure	Once per benefit year for beneficiaries 18 years and older.	Pharmacy
	99371	Blood Pressure		Registered Nurses
Glucose Screening	4050	Blood glucose finger prick in rooms (Glucose strip-test with photometric reading)	Once per benefit year for all beneficiaries 20 years and older.	General Medical Practice, Specialist Family Medicine
	0012	Blood Glucose		Pharmacy
	99370	Glucose Screening Test		Registered Nurses
Osteoporosis Screening: Bone Densitometry Scan	50120	Bone densitometry (to be charged once only for one or more levels done at the same session)	Once per benefit year for female beneficiaries who are 65 years and older.	Radiologist
	3604	Consultation/Visit		Gynaecologist, Physician, Orthopaedics
Pap Smear Screening	0190 - 0193	Consultation/Visit	Once per benefit year for female beneficiaries who are 12 – 65 years.	General Medical Practice, Specialist Family Medicine, Gynaecologist
	0201	0201- Cost of material		General Medical Practice, Specialist Family Medicine, Gynaecologist
	99385	Procedure code: Sterile tray and specimen handling fee		General Medical Practice, Specialist Family Medicine, Gynaecologist, Registered Nurses
	005, 006, 001, 002	Consultation		Registered Nurses
	020,301	Procedure codes: 020 Specimen code 301 Consumables used		Registered Nurses
	4566	Vaginal or Cervical Smear		Pathologist, Medical Technology
	4559	Cytology preparation using approved liquid-based cytology method: first unit		Pathologist, Medical Technology
	CER1	HPV Polymerase chain reaction		Pathologist, Medical Technology
HIV and AIDS Pre-test Counselling (no test done)	7016	Pre-counselling	Once per benefit year, per beneficiary.	General Medical Practice, Specialist Family Medicine
	0016	Pre-counselling (Without going ahead with the HIV test)		Pharmacy
	99376	HIV Pre-Test counselling		Registered Nurses



SCREENING SERVICES FOR WOMEN

Procedure	Tariff Codes	Tariff description	Eligible beneficiaries and Frequency	Healthcare Providers allowed
HIV and AIDS Testing (screening test, post-test counselling, confirmatory test, and condoms)	7017	Pre-counselling, Screen test, Post-test counselling, Confirmatory test (all-inclusive code)	Once per benefit year, per beneficiary.	General Medical Practice, Specialist Family Medicine
	0017	HIV and AIDS testing and post counselling		Pharmacy
	99377	HIV and AIDS testing and post counselling		Registered Nurses
Peak Flow Measurement	0019	Peak Flow Measurement	Once per benefit year for beneficiaries 4 years and older.	Pharmacy
	99383	Peak Flow Measurement		Registered Nurses
Mammography Screening	39175	Mammography: Unilateral or bilateral	Once per benefit year for female beneficiaries who are 40 years and onwards.	Radiography
	3934100	X-ray mammography including ultrasound		Radiologist
	3605	Mammography: Unilateral or bilateral, including ultrasound and Doppler ultrasound examination, where necessary.		General Medical Practice, Specialist Family Medicine
Faecal Occult Blood Test	4352	Occult blood: Monoclonal antibodies	Once per benefit year for all beneficiaries who are 50 – 75 years.	Pathologist, Medical Technology
Glaucoma Screening	11202	Tonometry (non-contact)	Once per benefit year for all beneficiaries 40 years and older.	Optometrist, Optical dispensers
	11212	Tonometry (Aplanation)	Once per benefit year for all beneficiaries 40 years and older.	
	3014	Tonometry per test with maximum of 2 tests for provocative tonometry (one or both eyes)		Ophthalmologist
	3017	Retinal threshold test inclusive of computer disc storage for Delta of Statpak programs		
	3018	Retinal threshold trend evaluation (additional to Item 3017)		
Pregnancy Screening	0018	Pregnancy Screening	Once per benefit year for a female beneficiary 12 years and older.	Pharmacy
	99381	Pregnancy Screening		Registered Nurses
Urine Analysis	0014	Urine Analysis	Once per benefit year for beneficiaries of all ages.	Pharmacy
	99382	Urine Analysis		Registered Nurses
Syphilis Screening	3951	Quantitative Kahn, VDRL or other flocculation	Once per benefit year per beneficiary.	Pathologist, Medical Technology
	3949	Qualitative Kahn, VDRL or other flocculation		



SCREENING SERVICES FOR WOMEN

Procedure	Tariff Codes	Tariff description	Eligible beneficiaries and Frequency	Healthcare Providers allowed
Chlamydia/Gonorrhoea Screening	3946	IgM: specific antibody titre: ELISA/EMIT: per Ag	Once per benefit year per beneficiary.	Pathologist, Medical Technology
	3948	IgG: specific antibody titre: ELISA/EMIT: per Ag		
	3923	Biochemical identification of bacterium: abridged		
	3925	Serological identification of bacterium: abridged		
	3960	Gonococcal, listeria or echinococcus agglutination		
TB Screening	0221	Allergy: Skin-prick tests: Delayed hypersensitivity testing (Type IV reaction): Per antigen	Once per benefit year, per beneficiary (no age restriction).	General Medical Practice, Specialist Family Medicine, Pathologist
	Nappi 872938-027 Tuberculin PPD RT/23 Vial (1.5 ml)	Cost of material in treatment: This item provides for a charge for material used in treatment.		





VACCINATIONS FROM PREVENTATIVE CARE SERVICES FOR WOMEN

Tariff code 0022 should be used for pharmacy administration of immunisation, 0017 for FP administration and 99378 for nurses.

Procedure	Tariff Codes	Tariff description	Eligible beneficiaries and Frequency	Healthcare Providers allowed
Influenza Vaccination	3000826 Vaxigrip Tetra single dose 0.5ml pre-fill 732826 Influvac 0190-0193 consultation	Once per year	All beneficiaries ≥6 months of age	General Medical Practice, Specialist Family Medicine, Pharmacy, Pharmacotherapies, Primary Care Drug Therapist, Registered Nurses, Clinical Pharmacokinetics, Anaesthetists, Dermatology, Gynaecologist, Pulmonology, Physician, Gastroenterology, Neurology, Cardiology, Oncologist, Neurosurgeon, Nuclear Medicine, Ophthalmologist, Clinical Haematology, Orthopaedics, Otorhinolaryngology (ENT), Rheumatology, Paediatrician, Paediatric Cardiologist, Physical Medicine, Plastic and Reconstructive Surgery, Radiation Oncology, Surgeon, Cardio Thoracic Surgery, Urology
Pneumococcal Vaccination	755826 ** Pneumovax 23 single dose vial 0.5ml	Once every 5 years	Once every 5 years for: high- risk beneficiaries between the ages of 2 and 64 with the relevant chronic or hospital admission.	
	715858 Prevenar 13 pre-filled syringe 0.5ml		all beneficiaries 65 years and older irrespective of the chronic or hospital authorisation.	
HPV Vaccination	710020 Cervarix Pre-filled Syringe 0.5ml 710249 Gardasil Injection	One course per beneficiary per lifetime**	Females 9 - 45 years	
COVID-19 Vaccination	3002823 COVID-19 Vaccine Administration Fee			
	3003366 COVID-19 Vaccine Janssen **	Three doses per beneficiary	18 years and older	
	3003282 COVID-19 Vaccine Pfizer **	Four doses per beneficiary ***	18 years and older	
		Two doses per beneficiary ***	12 to 17 years	
	3006073 COVID-19 Paediatric Vaccine Pfizer **	Two doses per beneficiary***	5 to 11 years	

A separate limit of R950 per beneficiary per year applies for vaccinations listed in the table below.

700356 Engerix-b	700356 Engerix-b	700767 Hiberix
700513 Avaxim **	700772 Priorix	701659 Heberbio hbv*
701658 Heberbio hbv	703442 Typherix **	892939 Varilrix **
703448 Havrix junior **	3000689 Boostrix	703846 Dukoral **
703994 Infanrix pre-filled	706829 Twinrix **	707285 Infanrix hexa
713048 Euvax b*	710935 Rotateq	714999 Synflorix
711258 Tetraxim	717194 Vivaxim **	713229 Adacel quadra
717466 Zostavax **	714133 Rotarix liquid oral	715349 Euvax b
716550 Priorix tetra **	720708 Menactra **	716655 Boostrix tetra
814970 Verorab**	719637 Hexaxim	814989 Stamaril **
3002554 Measles vaccine	822361 Havrix 1440 **	722290 Measbio
822442 Typhim	723131 Onvarra **	832693 Tetavax
724016 Omzitra	3002364 Tetanus Vaccine Cipla Ampoule 0.5ml	823678 OPV-merieux 10
848905 Avaxim **	823686 OPV-merieux 20	879460 Chirorab**
841307 OPV-merieux 10	3001925 Pneumovax 23 **	872962 BCG
3002510 Adacel Vial 0.5ml	879452 Morupar	3004427 Tetanus toxoid

***Vaccinations must be pre-authorised.**

** Certain vaccines require a prescription and therefore you will need a prescription from your Healthcare Provider to get the vaccine from your pharmacy. Healthcare consultation is not included in the preventative benefit and are subject to day-to-day benefits.



HIV-RELATED PREVENTION BENEFITS FOR WOMEN

Procedure	Tests / Treatment	Eligibility	Benefit
PrEP (Pre-Exposure Prophylaxis)	Prophylactic Antiretroviral (ARV) treatment taken as long as needed. Types of PrEP currently available: - Oral PrEP: A fixed-dose combination tablet containing two antiretroviral medications: - Tenofovir disoproxil fumarate (TDF) or tenofovir alafenamide (TAF) - Emtricitabine (FTC) or Lamivudine (3TC)	All HIV negative beneficiaries with frequent exposure to possible or confirmed HIV.	Subject to prescription by the healthcare practitioner and pre-authorisation Payable from the Risk benefit
PEP (Post Exposure Prophylaxis)	A 30-day course of antiretroviral (ARV) medication after possible or confirmed HIV exposure	All HIV negative beneficiaries with exposure to possible or confirmed HIV. Antiretroviral (ARV) treatment to be started within 72 hours (3 days) after exposure	Subject to prescription by the healthcare practitioner and pre-authorisation Payable from the Risk benefit
VTP (Vertical Transmission Prophylaxis to prevent mother-to-child transmission)	- Antiretroviral (ARV) treatment for HIV-positive pregnant women. - HIV PCR test for newborns exposed to HIV during pregnancy. - Prophylactic treatment to HIV-exposed newborn babies. - Exclusive breastfeeding, HIV-negative breastmilk donation, formula feeding options.	All pregnant HIV-positive women.	Subject to prescription by the healthcare practitioner and pre-authorisation Payable from the Risk benefit



Click [here](#) for extensive information about the PrEP, PEP, and VTP/PMTCT. HIV prophylaxis are covered on all benefit options. If you would like guidance and advice on how to access these benefits, contact the GEMS HIV Department on **0860 436 736** or our toll-free number **(0800 00 4367)** or email **hiv@gems.gov.za**.



SCREENING SERVICES FOR MEN





SCREENING SERVICES FOR MEN

Procedure	Tariff Codes	Tariff description	Eligible beneficiaries and Frequency	Healthcare Providers allowed
Cholesterol Screening	4027	Blood Cholesterol (finger prick)	Once per Benefit year for all beneficiaries who are 20 years and older	General Medical Practice, Specialist Family Medicine
	0013	Blood Cholesterol and/or triglycerides		Pharmacy
	99384	Cholesterol Screening		Registered Nurses
Blood Pressure Monitoring	0015	Blood Pressure	Once per benefit year for beneficiaries 18 years and older.	Pharmacy
	99371	Blood Pressure		Registered Nurses
Glucose Screening	4050	Blood glucose finger prick in rooms (Glucose strip-test with photometric reading)	Once per benefit year for all beneficiaries 20 years and older.	General Medical Practice, Specialist Family Medicine
	0012	Blood Glucose		Pharmacy
	99370	Glucose Screening Test		Registered Nurses
Osteoporosis Screening: Bone Densitometry Scan	50120	Bone densitometry (to be charged once only for one or more levels done at the same session)	Once per benefit year for male beneficiaries who are 65 years and older.	Radiologist
	3604	Consultation/Visit		Gynaecologist, Physician, Orthopaedics
HIV and AIDS Pre- test Counselling (no test done)	7016	Pre-counselling	Once per benefit year, per beneficiary.	General Medical Practice, Specialist Family Medicine
	0016	Pre-counselling (Without going ahead with the HIV test)		Pharmacy
	99376	HIV Pre-Test counselling		Registered Nurses
	7017	Pre-counselling, Screen test, Post-test counselling, Confirmatory test (all-inclusive code)	Once per benefit year, per beneficiary.	General Medical Practice, Specialist Family Medicine
	0017	HIV and AIDS testing and post counselling		Pharmacy
	99377	HIV and AIDS testing and post counselling		Registered Nurses
Peak Flow measurement	0019	Peak Flow Measurement	Once per benefit year for beneficiaries 4 years and older.	Pharmacy
	99383	Peak Flow Measurement		Registered Nurses
Prostate Screening	4519	Prostate specific antigen	Once per benefit year for male beneficiaries who are 45 – 69 years.	Pathologist, Medical Technology
Faecal Occult blood test	4352	Occult blood: Monoclonal antibodies	Once per benefit year for all beneficiaries who are 50 – 75 years.	Pathologist, Medical Technology



SCREENING SERVICES FOR MEN

Procedure	Tariff Codes	Tariff description	Eligible beneficiaries and Frequency	Healthcare Providers allowed
Glaucoma Screening	11202	Tonometry (non-contact)	Once per benefit year for all beneficiaries 40 years and older.	Optometrist, Optical dispensers
	11212	Tonometry (Aplanation)	Once per benefit year for all beneficiaries 40 years and older.	Ophthalmologist
	3014	Tonometry per test with maximum of 2 tests for provocative tonometry (one or both eyes)		
	3017	Retinal threshold test inclusive of computer disc storage for Delta of Statpak programs		
	3018	Retinal threshold trend evaluation (additional to Item 3017)		
Urine Analysis	0014	Urine Analysis	Once per benefit year for beneficiaries of all ages.	Pharmacy
	99382	Urine Analysis		Registered Nurses
Syphilis Screening	3951	Quantitative Kahn, VDRL or other flocculation	Once per benefit year per beneficiary.	Pathologist, Medical Technology
	3949	Qualitative Kahn, VDRL or other flocculation		
Chlamydia/Gonorrhoea Screening	3946	IgM: specific antibody titre: ELISA/ EMIT: per Ag	Once per benefit year per beneficiary.	Pathologist, Medical Technology
	3948	IgG: specific antibody titre: ELISA/ EMIT: per Ag		
	3923	Biochemical identification of bacterium: abridged		
	3925	Serological identification of bacterium: abridged		
	3960	Gonococcal, listeria or echinococcus agglutination		
TB Screening	0221	Allergy: Skin-prick tests: Delayed hypersensitivity testing (Type IV reaction): Per antigen	Once per benefit year, per beneficiary (no age restriction).	General Medical Practice, Specialist Family Medicine, Pathologist
	Nappi 872938-027 Tuberculin PPD RT/23 Vial 1.5 ml)	Cost of material in treatment: This item provides for a charge for material used in treatment.		





VACCINATIONS FROM PREVENTATIVE CARE SERVICES FOR MEN

Tariff code 0022 should be used for pharmacy administration of immunisation, 0017 for FP administration and 99378 for nurses.

Procedure	Tariff Codes	Tariff description	Eligible beneficiaries and Frequency	Healthcare Providers allowed
Influenza Vaccination	3000826 Vaxigrip Tetra single dose 0.5ml pre-fill 732826 Influvac 0190-0193 consultation	Once per year	All beneficiaries ≥6 months of age	General Medical Practice, Specialist Family Medicine, Pharmacy, Pharmacotherapies, Primary Care Drug Therapist, Registered Nurses, Clinical Pharmacokinetics, Anaesthetists, Dermatology, Gynaecologist, Pulmonology, Physician, Gastroenterology, Neurology, Cardiology, Oncologist, Neurosurgeon, Nuclear Medicine, Ophthalmologist, Clinical Haematology, Orthopaedics, Otorhinolaryngology (ENT), Rheumatology, Paediatrician, Paediatric Cardiologist, Physical Medicine, Plastic and Reconstructive Surgery, Radiation Oncology, Surgeon, Cardio Thoracic Surgery, Urology
Pneumococcal Vaccination	755826 ** Pneumovax 23 single dose vial 0.5ml 715858 Prevenar 13 pre-filled syringe 0.5ml	Once every 5 years	Once every 5 years for: high- risk beneficiaries between the ages of 2 and 64 with the relevant chronic or hospital admission. all beneficiaries 65 years and older irrespective of the chronic or hospital authorisation.	
HPV Vaccination	710020 Cervarix Pre-filled Syringe 0.5ml 710249 Gardasil Injection	One course per beneficiary per lifetime**	Females 9 - 45 years	
COVID-19 Vaccination	3002823 COVID-19 Vaccine Administration Fee			
	3003366 COVID-19 Vaccine Janssen **	Three doses per beneficiary	18 years and older	
	3003282 COVID-19 Vaccine Pfizer **	Four doses per beneficiary ***	18 years and older	
		Two doses per beneficiary ***	12 to 17 years	
	3006073 COVID-19 Paediatric Vaccine Pfizer **	Two doses per beneficiary***	5 to 11 years	

A separate limit of R950 per beneficiary per year applies for vaccinations listed in the table below.

700356 Engerix-b	711258 Tetraxim	723131 Onvarra **
700210 Engerix-b*	717194 Vivaxim **	832693 Tetavax
700767 Hiberix	713229 Adacel quadra	724016 Omzytra
700513 Avaxim **	717466 Zostavax **	3002364 Tetanus Vaccine Cipla Ampoule 0.5ml
701658 Heberbio hbv	714133 Rotarix liquid oral	823678 OPV-merieux 10
703442 Typherix **	715349 Euvax b	848905 Avaxim **
892939 Varilrix **	716550 Priorix tetra **	823686 OPV-merieux 20
703448 Havrix junior **	720708 Menactra **	879460 Chirorab**
3000689 Boostrix	716655 Boostrix tetra	841307 OPV-merieux 10
703846 Dukoral **	814970 Verorab**	3001925 Pneumovax 23 **
703994 Infanrix pre-filled	719637 Hexaxim	872962 BCG
706829 Twinrix **	814989 Stamaril **	3002510 Adacel Vial 0.5ml
707285 Infanrix hexa	3002554 Measles vaccine	879452 Morupar
713048 Euvax b*	822361 Havrix 1440 **	3004427 Tetanus toxoid
710935 Rotateq	722290 Measbio	
714999 Synflorix	822442 Typhim	

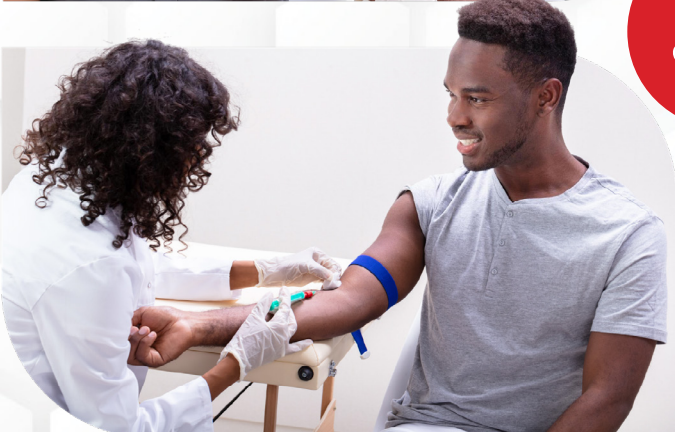
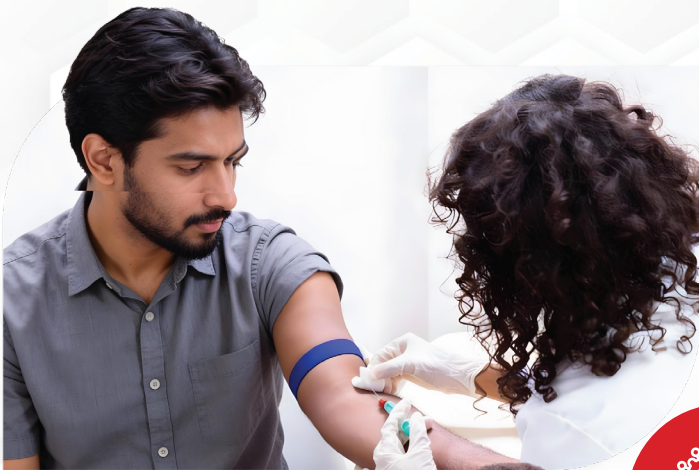
***Vaccinations must be pre-authorised.**

** Certain vaccines require a prescription and therefore you will need a prescription from your Healthcare Provider to get the vaccine from your pharmacy. Healthcare consultation is not included in the preventative benefit and are subject to day-to-day benefits.



HIV-RELATED PREVENTION BENEFITS FOR MEN

Procedure	Tests / Treatment	Eligibility	Benefit
PrEP (Pre-Exposure Prophylaxis)	Prophylactic Antiretroviral (ARV) treatment taken as long as needed. Types of PrEP currently available: - Oral PrEP: A fixed-dose combination tablet containing two antiretroviral medications: - Tenofovir disoproxil fumarate (TDF) or tenofovir alafenamide (TAF) - Emtricitabine (FTC) or Lamivudine (3TC)	All HIV negative beneficiaries with frequent exposure to possible or confirmed HIV.	Subject to prescription by the healthcare practitioner and pre-authorisation Payable from the Risk benefit
PEP (Post Exposure Prophylaxis)	A 30-day course of antiretroviral (ARV) medication after possible or confirmed HIV exposure	All HIV negative beneficiaries with exposure to possible or confirmed HIV. Antiretroviral (ARV) treatment to be started within 72 hours (3 days) after exposure	Subject to prescription by the healthcare practitioner and pre-authorisation Payable from the Risk benefit
VTP (Vertical Transmission Prophylaxis to prevent mother-to-child transmission)	- Antiretroviral (ARV) treatment for HIV-positive pregnant men. - HIV PCR test for newborns exposed to HIV during pregnancy. - Prophylactic treatment to HIV-exposed newborn babies. - Exclusive breastfeeding, HIV-negative breastmilk donation, formula feeding options.	All pregnant HIV-positive men.	Subject to prescription by the healthcare practitioner and pre-authorisation Payable from the Risk benefit
Procedure	Eligible beneficiaries	Benefit	Healthcare Providers allowed
Circumcision (male)	All beneficiaries	- Subjected to pre-authorisation - Out-of-hospital Practitioners rooms: Circumcision benefit of R1 994 per beneficiary per annum, payable from Risk. Includes all post-procedure care, consultations, and medication within a month (30 days) of the procedure.	Practitioner rooms



Click [here](#) for extensive information about the PrEP, PEP, and VTP/PMTCT. HIV prophylaxis are covered on all benefit options. If you would like guidance and advice on how to access these benefits, contact the GEMS HIV Department on **0860 436 736** or our toll-free number (**0800 00 4367**) or email hiv@gems.gov.za.



SCREENING SERVICES FOR CHILDREN





SCREENING SERVICES FOR CHILDREN

Procedure	Tariff Codes	Tariff description	Eligible beneficiaries and Frequency	Healthcare Providers allowed
Pap Smear Screening	0190 - 0193	Consultation/Visit	Once per benefit year for female beneficiaries who are 12 – 65 years.	General Medical Practice, Specialist Family Medicine, Gynaecologist
	0201, 0202, 0210	Procedure codes: 0201- Cost of material 0202 – setting of sterile tray 0210 – collection of specimen		General Medical Practice, Specialist Family Medicine, Gynaecologist
	99385	Procedure code: Sterile tray and specimen handling fee		General Medical Practice, Specialist Family Medicine, Gynaecologist, Registered Nurses
	005, 006, 001, 002	Consultation		Registered Nurses
	020,301	Procedure codes: 020 Specimen code 301 Consumables used		Registered Nurses
	4566	Vaginal or Cervical Smear		Pathologist, Medical Technology
	4559	Cytology preparation using approved liquid-based cytology method: first unit		Pathologist, Medical Technology
	CER1	HPV Polymerase chain reaction		Pathologist, Medical Technology
HIV and AIDS Pre-Test Counselling (no test done)	7016	Pre-counselling	Once per benefit year, per beneficiary.	General Medical Practice, Specialist Family Medicine
	0016	Pre-counselling (Without going ahead with the HIV test)		Pharmacy
	99376	HIV Pre-Test counselling		Registered Nurses
HIV and AIDS testing (screening test, post-test counselling, confirmatory test, and condoms)	7017	Pre-counselling, Screen test, Post-test counselling, Confirmatory test (all-inclusive code)	Once per benefit year, per beneficiary.	General Medical Practice, Specialist Family Medicine
	0017	HIV and AIDS Testing and Post Counselling		Pharmacy
	99377	HIV and AIDS testing and post counselling		Registered Nurses
Peak Flow Measurement	0019	Peak Flow Measurement	Once per benefit year for beneficiaries 4 years and older.	Pharmacy
	99383	Peak Flow Measurement		Registered Nurses
Neonatal Hypothyroidism	4507	Thyrotropin (TSH)	Once per neonatal beneficiary up to 28 days of age.	Pathologist
Pregnancy Screening	0018	Pregnancy Screening	Once per benefit year for a female beneficiary 12 years and older.	Pharmacy
	99381			Registered Nurses
Urine Analysis	0014	Urine Analysis	Once per benefit year for beneficiaries of all ages.	Pharmacy
	99382			Registered Nurses



SCREENING SERVICES FOR CHILDREN

Procedure	Tariff Codes	Tariff description	Eligible beneficiaries and Frequency	Healthcare Providers allowed
Childhood Hearing Screening for Children	1010	Audiology consultation. Duration 5 - 15 mins	Once per beneficiary for the period from age one up to and including seven years.	Speech therapy and Audiology
	1011	Audiology consultation. Duration 16 - 30 mins		
	1115	Speech Audiogram Screening		
	1100	Pure Tone Audiogram (Air conduction) (3273)		
	1105	Bone conduction pure tone audiogram		
	1200	Tympanometry		
Childhood Hearing Screening for Infants	1505	Diagnostic Audiological Click ABR (Auditory Brainstem Evoked Response) – Bilateral Air conduction threshold determination using click stimuli.	Once per beneficiary for the period up to and including age 1 (but excluding beneficiaries in the first three months of life).	Speech therapy and Audiology
	1010	Audiology consultation. Duration 5-15 mins		
	1011	Audiology consultation. Duration 16 - 30mins		
	1580	Evoked otoacoustic emissions (OAE); limited		
Childhood Optometry Screening	94000	Individual Child Screening	Once per beneficiary for the period up to and including age seven (but excluding beneficiaries in the first three months of life).	Optometrist
Syphilis Screening	3951	Quantitative Kahn, VDRL or other flocculation	Once per benefit year per beneficiary.	Pathologist, Medical Technology
	3949	Qualitative Kahn, VDRL or other flocculation		
Chlamydia/Gonorrhoea Screening	3923	Biochemical identification of bacterium: abridged	Once per benefit year per beneficiary.	Pathologist, Medical Technology
	3925	Serological identification of bacterium: abridged		
	3960	Gonococcal, listeria or echinococcus agglutination		
TB Screening	0221	Allergy: Skin-prick tests: Delayed hypersensitivity testing (Type IV reaction): Per antigen	Once per benefit year, per beneficiary (no age restriction).	General Medical Practice, Specialist Family Medicine, Pathologist
	Nappi 872938-027 Tuberculin PPD RT/23 Vial 1.5 ml)	Cost of material in treatment: This item provides for a charge for material used in treatment.		



VACCINATIONS FROM PREVENTATIVE CARE SERVICES FOR CHILDREN

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Influenza Vaccination	3000826 Vaxigrip Tetra single dose 0.5ml pre-fill 732826 Influvac 0190-0193 consultation	Once per year	All beneficiaries ≥6 months of age	General Medical Practice, Specialist Family Medicine, Pharmacy, Pharmacotherapies, Primary Care Drug Therapist, Registered Nurses, Clinical Pharmacokinetics, Anaesthetists, Dermatology, Gynaecologist, Pulmonology, Physician, Gastroenterology, Neurology, Cardiology, Oncologist, Neurosurgeon, Nuclear Medicine, Ophthalmologist, Clinical Haematology, Orthopaedics, Otorhinolaryngology (ENT), Rheumatology, Paediatrician, Paediatric Cardiologist, Physical Medicine, Plastic and Reconstructive Surgery, Radiation Oncology, Surgeon, Cardio Thoracic Surgery, Urology
HPV Vaccination	710020 Cervarix Pre-filled Syringe 0.5ml 710249 Gardasil Injection	One course per beneficiary per lifetime**	Females 9 - 45 years	
COVID-19 Vaccination	3002823 COVID-19 Vaccine Administration Fee			
	3003366 COVID-19 Vaccine Janssen **	Three doses per beneficiary	18 years and older	
	3003282 COVID-19 Vaccine Pfizer **	Four doses per beneficiary ***	18 years and older	
		Two doses per beneficiary ***	12 to 17 years	
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700767 Hiberix	713229 Adacel quadra	3002364 Tetanus Vaccine Cipla Ampoule 0.5ml
700513 Avaxim **	717466 Zostavax **	823678 OPV-merieux 10
700772 Priorix	714133 Rotarix liquid oral	848905 Avaxim **
701659 Heberbio hbv*	715349 Euvax b	823686 OPV-merieux 20
701658 Heberbio hbv	716550 Priorix tetra **	879460 Chirorab**
703442 Typherix **	720708 Menactra **	841307 OPV-merieux 10
892939 Varilrix **	716655 Boostrix tetra	3001925 Pneumovax 23 **
703448 Havrix junior **	814970 Verorab**	872962 BCG
3000689 Boostrix	719637 Hexaxim	3002510 Adacel Vial 0.5ml
703846 Dukoral **	814989 Stamaril **	879452 Morupar
703994 Infanrix pre-filled	3002554 Measles vaccine	3004427 Tetanus toxoid
706829 Twinrix **	822361 Havrix 1440 **	
707285 Infanrix hexa	722290 Measbio	
710935 Rotateq	822442 Typhim	

***Vaccinations must be pre-authorised.**

** Certain vaccines require a prescription and therefore you will need a prescription from your Healthcare Provider to get the vaccine from your pharmacy. Healthcare consultation is not included in the preventative benefit and are subject to day-to-day benefits.



DENTAL SERVICES FROM PREVENTATIVE CARE FOR CHILDREN

Procedure	Tariff Codes	Tariff description	Eligible beneficiaries and Frequency	Healthcare Providers allowed
Dental Sealants	8163	Dental Sealant: per tooth	- All beneficiaries 17 years and younger. - Maximum of 2 per quadrant in 12 months. - Time rule of 1 per tooth in 730 days. - Applicable to all permanent teeth except 3rd molars (wisdom teeth), REEVO options only. - Applicable to all permanent, premolars and molars excluding 3rd molars for Tanzanite One and Beryl.	- Dentist, Dental Therapy, Oral Hygienist - Dental Network providers only
Dental Polishing	8155	Polishing - complete dentition	- All beneficiaries who are 3 - to 9 years of age. - Limitation of 1 in 180 days (2 in 12 months).	- Dentist, Periodontics, Dental Therapy, Oral Hygienist - Applicable to Ruby, Emerald, Emerald Value and Onyx options



FAQs for Members

1. What preventative care services does GEMS cover?

GEMS covers a wide range of preventative care services, including cholesterol, blood pressure, glucose screening, HIV testing and counselling, cancer screenings (such as Pap smears and mammograms), childhood hearing and vision screenings and various vaccinations. These benefits are available on all options and paid from risk, subject to eligibility criteria.

2. How often can I use my screening benefits?

Most screenings are covered once per benefit year, but some have specific age-based or frequency rules. For example, mammograms are available annually for women 40+, and faecal occult blood tests are available annually for members aged 50–75.

3. Are vaccinations covered by GEMS?

Yes. GEMS covers influenza, pneumococcal, HPV, COVID-19 and a wide list of additional vaccines. Some vaccines require pre-authorisation or a prescription from a healthcare provider. A separate annual limit of R950 per beneficiary applies to certain vaccines.

4. What HIV prevention benefits are available?

Members have access to PrEP, PEP and VTP/PMTCT benefits, depending on their risk and clinical need. These benefits require a prescription and pre-authorisation and are paid from risk.

5. Which healthcare providers can I visit for preventative screenings?

This guide lists approved providers for each service — including GPs, specialists, pharmacies, registered nurses, radiologists, optometrists, audiologists and pathologists.

Working towards a healthier you

Members must ensure they visit the correct provider type for the specific screening to be covered.

FAQs for Providers

1. Which preventative services are reimbursed from risk?

All listed preventative screenings and vaccinations in this guide are funded from the risk benefit when members meet the eligibility criteria. This includes screenings for cholesterol, glucose, HIV, cancer, childhood hearing/vision and more.

2. What tariff codes should providers use for preventative services?

Each screening and vaccination has specific tariff codes outlined in this guide. Providers must use the correct codes (e.g., 4027 for cholesterol finger prick, 0190–0193 for Pap smear consultations, 39175 for mammography) to ensure claims are processed correctly.

3. Are there age or frequency limits providers should be aware of?

Yes. Many services have strict age and frequency rules. For example, Pap smears for women aged 12–65 once per year, prostate screening for men 45–69 once per year and childhood hearing screenings once per developmental stage. Providers must verify eligibility before rendering services.

4. Do vaccinations require pre-authorisation or prescriptions?

Some vaccines require pre-authorisation (e.g., certain hepatitis vaccines) and many require a prescription if dispensed at a pharmacy. Providers should confirm requirements before administering or dispensing vaccines.

5. How should providers guide members regarding HIV prevention benefits?

Providers may prescribe and initiate PrEP, PEP and VTP/PMTCT services. These require pre-authorisation and must follow the clinical criteria outlined by GEMS. Providers can direct members to the GEMS HIV Department for additional support.





USEFUL RESOURCES

Service	Purpose	Telephone	Email Address/Links for Queries
GEMS contact centre	General queries related to GEMS	0800 00 4367	enquiries@gems.gov.za
enquiries@gems.gov.za	View GEMS products and services		www.gems.gov.za
Ambulatory PMB	Out-of-hospital PMB queries	0800 00 4367	enquiries@gems.gov.za
Chronic medicine management – new registrations and updates	Chronic registrations	0800 00 4367	chronicdsp@gems.gov.za
Disease Management Programme (DMP)	Registration for the Disease Management Programme (DMP)	0860 10 9900	GEMSBHRM@medscheme.co.za
Chronic medicine authorisation queries	Queries related to the authorisation of chronic medicines	0800 00 4367	chronicauths@gems.gov.za
Hospital pre-authorisation	All hospital pre-authorisations for non-emergency events	0800 00 4367	hospitalauths@gems.gov.za
Fraud Hotline	Fraud-related matters	0800 212 202	gems@thehotline.co.za office@thehotline.co.za
Submission of claims	Submissions of claims for GEMS beneficiaries	0800 00 4367	enquiries@gems.gov.za
Queries of claims	Queries relating to a claim for a GEMS beneficiary	0800 00 4367	enquiries@gems.gov.za
HIV/Aids management	HIV/AIDS related queries	0860 436 736	hiv@gems.gov.za
Alignd Serious Illness Benefit	Assistance with managing a serious illness.	0800 00 4367	referrals@alignd.co.za info@alignd.co.za
GEMS Palliative Care Programme	Assistance with managing a serious illness.	0800 00 4367	referrals@alignd.co.za
GEMS Alternatives to Hospitalisation	For medical care at home.	0800 00 4367	gemsalternativecare@medscheme.co.za
Renal services	Renal and transplants	0800 00 4367	renalauths@gems.gov.za



WALK-IN CENTERS

Province	Street Address
EASTERN CAPE	
East London	Gillwell Shopping Centre, Shop LG36, Cnr Gillwell Road and Fleet Street
Mthatha	Savoy Complex, Units 11 and 12A, Nelson Mandela Drive
FREE STATE	
Bloemfontein	Bloem Plaza, Shop 124, Charlotte Maxeke Street
Welkom	Gold Fields Mall, Shop 51A, Cnr Strateway and Buiten Street
GAUTENG	
Braamfontein	Traduna House, 118 Jorrisen Street, Ground Floor, Cnr Jorrisen and Civic Boulevard (opposite Civic Centre)
Pretoria - Arcadia	Sancardia Building, Shop 51, Cnr Stanza Bopape and Steve Biko Streets, Arcadia
LIMPOPO	
Polokwane	Shop 1, 52 Market Street
Thohoyandou	Unit G3, Metropolitan Centre
MPUMALANGA	
Mbombela (Nelspruit)	Shop No 18, Nedbank Centre, 30 Brown Street, Nelspruit CBD
eMalahleni (Witbank)	Safeways Crescent Centre, Shop S67, Cnr President and Swartbos streets, Die Heuwel
NORTH WEST	
Klerksdorp	City Mall, Shop 101, Cnr OR Tambo and President Street, Klerksdorp CBD
Mafikeng	Mmabatho Megacity, Shopping Centre, Shop 39, Cnr Sekame and James Moraka streets, Mmabatho
NORTHERN CAPE	
Kimberley	New Park Centre, Shop 14, Bultfontein Way and Lawson Street
Upington	61A Market Street
KWAZULU-NATAL	
Durban	The Berea Centre, Shop G18, Entrance 1, 249 Berea Road, Berea
Pietermaritzburg	Maritzburg Arch, 39/45 Chief Albert Luthuli Street, Pietermaritzburg
WESTERN CAPE	
Worcester	Q Square Shopping Centre, Office 5, 72 High Street, Worcester Central
Cape Town	Constitution House, 124 Adderley Street

CONTACT DETAILS



GEMS member call centre: 0800 00 4367 (toll-free)
GEMS provider call centre: 0860 436 777



Email
enquiries@gems.gov.za



Website
www.gems.gov.za



GEMS, Private Bag X782, Cape Town, 8000



GEMS Emergency Services
0800 444 367



GEMS Fraud hotline
0800 212 202 / gems@thehotline.co.za



@GEMSMEDICALAID



Government Employees Medical Scheme



@GEMSMEDICALAID1

OPERATING HOURS

Monday – Friday: 08h00 – 17h00

Saturday: 08h00 – 12h00

Closed on Sundays and public holidays



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Disclaimer

Every effort has been made to ensure that all information provided to you is factual and accurate. However, in the event of a dispute, the Scheme Rules shall apply. You can view the Scheme Rules on our website at www.gems.gov.za. The information provided in this correspondence is for information purposes only and cannot replace medical advice from a professional healthcare provider. We are committed to protecting your personal data. Your right to privacy and security is very important to us. The Government Employees Medical Scheme (GEMS) and its contracted Service Provider Network (SPN) treat personal information as private and confidential. We collect personal information for the purposes set out in the Scheme's Registered Rules or otherwise communicated to you and we use your information for a number of different purposes, for example to provide our services to members and others and to meet our legal and regulatory obligations. For more detailed information on how and why we use your information, including the rights in relation to your personal data, and our legal grounds for using it, please view the GEMS Protection of Personal Information Policy and Promotion of Access to Information Manual on our website.